

Talking to Yourself

How inspiring listening to Olympian marathon runner Krista DuChene talk last Thursday about her blessings and trials. She shared stories of both exciting highs and disappointing lows in her bid to win a spot on the 2016 Olympic team. Every success was given back to God; challenges and failures were opportunities to lean on God. Through it all, Mrs. DuChene intentionally told herself positive messages including:

I will choose joy.

I will be thankful.

God's plan is better than mine.

This made me reflect on the messages we play in our minds all day long. Sometimes these are negative messages which fuel feelings of helplessness, anger, resentment, and despair. I sometimes hear students verbalize their internal dialogue. Just in the past week, I have heard students say things like:

I don't have friends.

I can't do this.

I'm not good at math.

When I hear these types of messages, I encourage students to add a small but powerful three letter word to the end of their sentences...YET. "Yet" has the potential to change a fixed mindset into a hope-filled growth mindset. Students with a growth mindset expect their abilities will improve with practice.

As teachers, we are intentional about helping students persevere through difficulties and embrace challenges. God has not promised us that we will never experience hard times, but he has promised to be faithful and to never leave us. By telling ourselves truths like Mrs. DuChene does, we too can reprogram our minds and become resilient, hopeful, lifelong learners who give God all the glory.

Tracy Bulthuis, Learning Support Teacher



Monday- Ken R., 6

Thursday- Eleanor R., 8

Sunday- Alieda S., 3

FOR YOUR INFORMATION:

Olympics: We are excited about the Winter Olympics in PyeongChang, Korea! Students are discussing Olympics in their homerooms and in ESL classes. We thank God for the gift of sport and the amazing and strong bodies He created as part of His plan.

We **welcome** Wendy, a student from the Developmental Services Worker program at Loyalist College, who is doing her final practicum at WCS. Wendy will be working with us until April. We also welcome Kristen, a secondary school co-op student from Rehoboth Christian School, who will be working with us from February to June. It is good to have you with us!

School Skating- Thursday February 15th, we once again will have a school skate. Students in JK-gr3 will skate from 1:15-2:10pm, while older students will skate from 2:15-3:10pm. A reminder that all those on the ice **must be wearing skates, helmets and gloves**. Come join us!

SCIENCE FAIR OPEN HOUSE: God created a wonderful world for us to love, enjoy, and use. Woodstock Christian School is hosting our Science Fair/Exhibition of Science Learning on Tuesday February 27th. Our 7th and 8th grade students will be displaying and discussing their individual science fair projects, the 6th grade students are exhibiting their electricity projects, and each class - kindergarten through fifth grade - are presenting their experiments, studies, and innovations on their table displays as well. Judging will take place for the 7th and 8th grade projects. Students will be viewing the Science Fair/Exhibition during the school day and senior students will be discussing their projects with visitors until 3:30pm. Parents and guests are invited to view the Science Fair as part of an Open house running from 10am-7 pm. Come, explore the wonders of creation with us!

Oliver Twist Set: Calling those who are handy with hammers and nails. We need your help with set building. If you can help in this way, please contact Tony Schaafsma or Linda Westerveld. Thank You

This week, February 12-15 is **Staff Appreciation Week** here at Woodstock Christian School. During the week we celebrate the staff by providing them with a lunch each day as well as covering some yard duty. A huge thank you to all who signed up for this, it is very much appreciated! This year we will also be having theme days to enhance our appreciation for the staff. If you wish, please consider one of these theme days to celebrate our staff, of course your own way of appreciation is welcome as well! Any questions please email Cara Renkema ccrenkema@hotmail.com or 519-535-8969.

Pancake Breakfast - Students, wear your pajamas and bring your appetite and your favourite 'stuffy' to our annual pancake breakfast on Wednesday February 21st. The cost is \$5 per person or \$20 per family. Donations will be gladly received for the work of Edu-Deo. Edu-Deo Ministries (formerly Worldwide Christian Schools) is a Canadian, Christian, mission organization serving children in developing countries with quality education rooted in a Biblical worldview.

Grade 9 Fall Registration from **LDCSS:** Registration is now open for the 2018-19 school year! We're excited about welcoming new students to our school and growing in community with us! Want to apply? Download the application at <http://ldcss.ca/application-process/> or give us a call. Interested in checking out learning at London Christian High? Connect with Gabriella at 519-455-4360 ext. 231 or email ghoogstra@ldcss.ca to book a tour. We look forward to hearing from you!

Mark Your Calendars! The tickets are here! On Saturday, February 24, Beginnings Woodstock is hosting their annual family fun event, sponsored by WCS! **Circo Comedia**, a comedic circus duo out of Montreal, will be performing daring stunts and acrobatic tricks with their eccentric, family-friendly comedy! Concession available, and all proceeds go directly to the Beginnings Family Services Centre right here in Woodstock, serving all of Oxford County. Tickets are now available at the WCS office. Please contact Megan Booy with any questions.

Our second **elective** session begins this Wednesday, February 14. Students going to venues other than at WCS will be leaving between 1:25 to 2:10 depending on the elective; otherwise electives run from 2:10 to 3:30. Thank you to those willing to drive to skiing and leading electives to help make it a great experience for our students. Those in the skiing group need to ensure they dress warmly and in layers. That group can be picked up at WCS by 6:15 p.m. Students will need to remember their equipment for their elective: those in hockey need their skates, helmets, gloves and sticks; those in swimming need their towels and bathing suit; those in skiing need their equipment if not renting; those in indoor soccer or badminton need their indoor running shoes.

SPRINGFEST NEWS:

Yes, our next fundraiser for WCS is in the works! Mark your calendars for **April 7, 2018** and tell all your friends to meet you at the Oxford Auditorium for a day full of fun and fundraising!

Needed: Volunteers for our GAMES and KITCHEN committees. Please contact Heather De Boer or Pauline Markus ASAP to be a part of these great teams. They put together all yummy food and fun games for us all!

Sponsorship: To allow all funds raised that day to go directly to WCS, we are looking for more sponsors beyond our farming families who have been asked in the past. Please contact Heather De Boer if you or a willing business would like to contribute to this great event.

Bazaar Bottles: Start collecting your 2L pop bottles NOW so you'll have enough for the highlight of most kids' day!

Marketplace: If you are interested in being a vendor please email Cara Renkema for an application form. We have room for 25 vendors. The vendor spots will be open to school community for ONE week only and then will be open to the greater community come February 19. First come, first serve and only one vendor per type of product sold. Table are \$50, \$25 for students. Any questions please call Cara 519-535-8969 or email cckenkema@hotmail.com

Sr. Girls Basketball: Playoffs were announced late Friday evening. We play at LCES tomorrow. Please check the doodle and let me know if you can help drive. More information will follow our game, as a lot now depends on outcomes.

Junior Kindergarten: Welcome to a new week in JK! We are excited to celebrate Valentines day in our class on Wednesday. On Thursday we are going skating, please remember that you must wear skates, a helmet and gloves to be on the ice. We do encourage parents to join us from 1:15-2:15 at the arena. Please watch for an e-mail coming home regarding an up coming class trip.

Wednesday - Library
Valentines Day celebrations
Thursday - Skating

Senior Kindergarten: Welcome to a new week! Love is in the air! We will have our Valentines Celebration on Wednesday. Please send Valentines for everyone on our class list. Our skating will take place on Thursday from 1:15 to 2:15. You are welcome to join us. A reminder that all skates need to be in bags and gloves and helmets MUST be worn. We wish Alex a very happy birthday for the 20th of February. Have a great week.

Wednesday – Library
Valentines Day Party
Thursday - Show & share about love.
All school skating 1:15 to 2:15
Monday - No school (Family Day)

Grade 1A: Welcome back from a surprise long weekend! I hope you all were able to get some rest and relaxation and are ready for a busy week. This week we welcome Kristen Butyn to our class. She will be joining us for the remainder of the year. How is your poem going? You've got 1 week left to practice. Check your email later this evening for more information, and a quick survey.

Monday - See VIP Folders
Tuesday - Library
Wednesday - Valentines Day
Thursday - 100s Day
Skating
Friday - P.D. Day
Monday - Family Day
Tuesday - Poem Presentation to Class

Grade 1B/2B: Welcome to a new week! We have a busy & fun week ahead! Keep practicing poems. Check your email for an update on what is happening in our class this week!

Tuesday – Gym
Library
Wednesday – Show&Share: Natalie & Lydia F.
Valentine’s Day Party
{Bring Valentines & a
treat, if you would like!}
Thursday – Skating! {Bring skates, mittens &
helmet!}
101 Day Celebration {Bring 101
items!}
Friday – NO SCHOOL (PD Day)

Grade 2A: What a busy week we have ahead of us. It is a week of celebrations, with Valentine's Day, 100s Day, and skating! A bright pink note will come home in your child's VIP folder highlighting what you child will need for these celebrations. There will be no spelling words this week and we will be wrapping up our units on "Simple Machines" and on "3-d Geometry". Each student will also be presenting the poem that they have been practicing to the class at our Poetry Cafe!

Monday - Gym
Tuesday - Library
Wednesday - Valentine's Day
Thursday - 100s Day
Poetry Cafe
Skating @1:15pm

Grade 3: Welcome to a new week. The Primary Choir visit is March 4 at Covenant CRC in Woodstock(10 am) Times Tables should be practiced at home every day. Students will show their "Forces Causing Movement" demonstration next week. Look for an email with a student schedule by the end of the week.

Mon. - Phys. Ed.
Tues. - French Quiz
Wed. - Valentine's Day
Phys. Ed.
Thurs. -100 Day (bring 100 items)
Mem. Work - The whole Poem
- Spelling Test - List 17
- Skating (1:15-2:10)

Grade 4: Welcome to a short week of school grade 4! I hope you enjoyed your long weekend. We will celebrate and share Valentines on Wednesday. On Thursday, we are going skating. Please remember to have skates, helmets, and gloves in order to skate.

Monday	Justin Poems due
Tuesday	Lydia Phys. Ed. Library - remember your books
Wednesday	Matthew Valentine's Day Music Electives - Week 2
Thursday	Megan Spelling test First half of "Face off with a Giant" Skating at 1:50 to 3:20
Friday	No School (PD)
Monday	Family Day - enjoy your family
Tuesday	Patrick Library

Grade 5: Due to the snow day last week we'll be doing this past Friday's scheduled quizzes on Tuesday instead. Also, since this week is a short week, there will be no memory work due. Students in Gr. 5 have relayed to me that they enjoyed their first elective session and are excited for the others. This week we'll be wrapping up our MAP testing sessions and our class novel, Snow Treasure, which we've been really been delighting in.

There is no swimming this week unless you hear otherwise. I am trying to reschedule our missed February 9th session for some time this week; we'll see. Here's our week at a glance in terms of homework:

Monday - Spelling Test, Lesson 21.
 Tuesday - Spelling Workbook, Lesson 21.
 Memory Work Quiz: 1 Corinthians 10:13.
 Music: bring recorder. Phys Ed: bring gym clothes.
 Wednesday - Electives continue, bring necessary clothing/equipment.

Thursday - Old Testament Bible Test, Spelling Workbook, Lesson 22 due. Music: bring recorder. Phys Ed: bring gym clothes.

Friday - PD Day, no school.
 Monday - Family Day, no school

Grade 6:

This week our focus is on speeches, and since we missed Friday we will begin choosing an electricity project that will be completed at school the next few weeks. Please ensure you bring your helmet, skates, and gloves for skating on Thursday.

Today: Spelling Test: Unit 20 (from last Friday)
 Tuesday: Begin delivery of speeches
 Thursday: Math Test: data management
 Speeches continued

Grade 7:

Mon: math test
 Tues: begin memorizing speeches
 Wed: Valentine's Day party
 Thurs: week #5 science fair check-in, skating

Grade 8: Welcome to a shortened week! I hope you all enjoyed the snow day on Friday. This week we will be busy with speech presentations, I am looking forward hearing the speeches from each student!

Monday – Speech Presentations
 Tuesday – Music (Bring Instruments)
 Health with Mr. H.
 Speech Presentations
 Wednesday – Science Fair Check in # 5
 All School Devotions
 Electives Week # 2
 Thursday – Music (Bring Instruments)
 Health with Mr. H.
 Friday – Professional Development Day (No School)
 Monday – Family Day (No School)

CALENDAR OF UPCOMING EVENTS:

February

- 7 Staff Meeting Electives Prayer Group
- 8 Sub Day Registration Day
- 14 Electives
- 15 Skating at Complex
- 16 P.D. Day (no school)
- 19 Family Day (no school)
- 20 JKCSS Board Meeting
- 21 Pancake Breakfast Electives
- 22 Pizza Day
- 23 Poetry Meet
- 27 Science Fair & Open House
- 28 Electives

SONG OF THE MONTH:

By Faith

By faith we see the hand of God
In the light of creation's grand design
In the lives of those who prove His faithfulness
Who walk by faith and not by sight.

By faith our fathers roamed the earth
With the power of His promise in their hearts
Of a holy city built by God's own hand
A place where peace and justice reign.

Chorus:

We will stand as children of the promise
We will fix our eyes on Him our soul's reward
Till the race is finished and the work is done
We'll walk by faith and not by sight.

By faith the prophets saw a day
When the longed-for Messiah would appear
With the power to break the chains of sin and death
And rise triumphant from the grave.

By faith the church was called to go
In the power of the Spirit to the lost
To deliver captives and to preach good news
In every corner of the earth. Chorus

By faith this mountain shall be moved
And the power of the gospel shall prevail
For we know in Christ all things are possible
For all who call upon His name. Chorus 2 x

We'll walk by faith and not by sight.

Title: By Faith

**Words & Music by: Keith and Kristyn Getty
C.C.L.I. #400245**